



# Spring Fling 2021

Strongsville Skating Club

April 23-25, 2021

Deadline: March 15, 2021

The Spring Fling 2021 will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

## **COVID-19 INFORMATION:**

- Participating athletes / teams *must* follow local health and safety guidelines. U.S. Figure Skating does not condone athletes/teams going against their state and local health guidelines to train.
- **All attendees are always required to properly wear face coverings** over their nose and mouth and secured under their chin while in a facility. This is not only for your protection, but for the protection of others and is applied to all attendees. Masks are required for athletes during practice ice and event warm up. Athletes may remove their masks for their performance when they are alone on the ice; however, the mask will be removed just before taking the ice and put back on after immediately leaving the ice. A health screening and temperature check will be taken for all attendees.
- **Social distancing must be maintained at all times.** The CDC recommends a distance of 6 feet and separate pathways will be established within the venue (minimizing crossover and contamination).
- **Athletes:** All athletes are expected to arrive to the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but will not be permitted to change in public restrooms.
- **Chaperones/Spectators:** Two chaperones/spectators are permitted per skater. No siblings permitted unless they are one of the two spectators permitted.
- **Coaches:** One coach per skater is permitted and credentials will be given to allow admittance into the building.

- **U.S. Figure Skating Waivers are a requirement for ALL athletes.** The online waivers must be completed via [Members Only](#) prior to the competition, instruction [here](#).
- **Information:** Please visit [www.strongsvilleskatingclub.com](http://www.strongsvilleskatingclub.com) for updates on the Spring Fling competition.
- Please note that the Strongsville Skating Club and OBM Arena will be following the current Health and Safety Protocols based upon the current, Federal, State of Ohio, and Local Governments and Health Agencies recommendations and guidelines. They are subject to change as the state and local mandates evolve. The Strongsville Skating Club is fully committed to the health, safety and well-being of your skater.
- A pre-event planning communication call for all attendees will be on Monday, April 19 time tba. An email will go out to all registered skaters, coaches and officials with the invitation to the meeting.

**SERIES INFORMATION:** Spring Fling has been selected to be part of the Excel Series.

**ELIGIBILITY/TEST LEVEL:**

**Test Level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. For the 2020-2021 competition season, athletes may skate up two levels above that for which they qualify but they are not eligible for IJS Test Credit. Note, athletes may not skate down in any event.

**Age restrictions/requirements:** Singles free skate events (well-balanced program) have the following requirements:

- Juvenile: Girls – 12 years or younger; Boys – 13 years or younger
- Open Juvenile: Girls – 13 years or older; Boys – 14 years or older
- Intermediate must be under the age of 18
- Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ADULT EVENTS:**

Age classes for all free skate, dramatic entertainment and light entertainment events:

- Young Adult: 18 years through 20 years
- Class I: 21 years through 35 years
- Class II: 36 years through 45 years
- Class III: 46 years through 55 years
- Class IV: 56 years through 65 years
- Class V: 66 years and older

All age classes may be divided or combined depending on the number of entries and at the discretion of the chief referee and/or the competition committee. Men and ladies will be combined in Adult 1 through adult bronze free skate events (based on the [Adult Competition Series rules](#)), and all levels of compulsory moves, jumps, spins and dramatic/light entertainment events. Men and ladies will not be combined in adult silver and higher free skate events. Athletes in adult silver and higher free skate events with no competitor of the

same gender in another age class will be offered the opportunity to skate an exhibition for first place, skate up to the next higher level (if this provides a competitor) or be issued a refund. The chief referee reserves the right to request proof of age.

**COMPETITION REGISTRATION:** The online registration deadline is midnight of March 15, 2021. If space permits applications may be accepted after this date with approvals of the chairperson and chief referee only and a \$30 late fee will be assessed. A parent or guardian AND a club official or Learn to Skate Director must approve the application.

The link to register is: <http://comp.entryeeze.com/Home.aspx?cid=265>

**ENTRY FEES:** Basic Skills, Pre-free Skate - Free Skate 6: \$65 for 1<sup>st</sup> event and \$35 for each additional event  
6.0 events: \$100 for 1<sup>st</sup> event and \$35 for each additional event  
IJS events: \$135 for 1<sup>st</sup> event, \$85 for 2<sup>nd</sup> event & \$35 for each additional event  
Production Teams: \$70 per team + \$10 per skater on the team

\* Each registered skater will get one digital video and one digital photo of any performance they skate which is included in the registration fee.

\*\* IJS events – Protocol sheets are also included in the entry fee.

Secure online registration and credit card payment is available with Entryeeze at [www.strongsvilleskatingclub.com](http://www.strongsvilleskatingclub.com).

\*\*\*Skaters registering in both a Basic Skills event and a Beginner event must pay the Beginner 1<sup>st</sup> event fee and then the additional event fee for the other events.

\*\* \*\*All registration will be online through Entryeeze.com.

\*\*\*\*\*Please ensure you have checked the correct boxes while registering. If you incorrectly mark a box that results in the event needing to be changed, you will be assessed a \$25 fee per changed event.

Please Note: There will be a service charge assessed of \$35 for all credit card disputes.

### **Mandatory Athletes:**

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. theatre, etc.) with at least one minor athlete must complete SafeSport training. \*

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email [safesport@usfigureskating.org](mailto:safesport@usfigureskating.org) for instructions or questions regarding parental consent.

**REFUND POLICY:** Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

**SCHEDULE:** Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

**FACILITIES:** The competition will be held at OBM Arena, 15381 Royalton Rd., Strongsville, Ohio 44136. There are two ice surfaces which will be used for the Spring Fling Competition. Both rinks are 200' x 85'.

**MUSIC SUBMISSION:** All Skaters must upload their music to Entryeeze upon registration. Music must be in an MP3 format and the deadline to upload music is April 5, 2021. Leaders and trailers (silence or "dead space" before and after the actual start and end of the program music) may not exceed 2 seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during the competition. Music will **only** be played from the music uploaded to Entryeeze and CDs will only be used as a back up if there is a technical difficulty. A late fee of \$25 will be assessed for any music uploaded after April 5, 2021.

Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name.

**PLANNED PROGRAM CONTENT (PPC):** Competitors participating in IJS events are required to submit PPC in EMS no later than April 5, 2021. Please enter your PPC in Entryeeze. We will not be accepting hard copies of PPCs. A late fee of \$25 will be assessed for any PPC entered after April 5, 2021.

**LIABILITY:** U.S. Figure Skating, Strongsville Skating Club and OBM Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**ONSITE CHECK-IN:** Check-in will open each day of the competition one hour prior to the start of the competition. The Check-In Table will be at the rink counter or weather permitting outside. Attendees should be in the rink parking lot at least one hour prior to their event and check in at the check-in desk 30 mins prior to the event. Each skater will be permitted two chaperones/spectators and one coach only. A health screening and temperature checks will be taken at the Check-in desk. Attendees are asked to exit the building within 30 mins of the skaters event ending.

**LOCKER ROOMS:** Locker rooms will be assigned and will be utilized for skaters to put their skates on/off and as a holding area until skaters are permitted to the rink holding area. Athletes will not be permitted to use the locker rooms or restrooms as a changing area. All athletes are expected to arrive at the rink competition ready (costumes, hair, make-up, etc) Locker rooms at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the [U.S. Figure Skating SafeSport](#) page).

**PRACTICE ICE:** Practice ice will be available after the schedule is posted and will be available for purchase on Entryeze. There will be a limited number of athletes on practice ice to accommodate social distancing.

**PHOTO/VIDEO:** RES Video & Media Productions will be the official video/photographer. Each registered skater will get one digital video and one digital photo of any performance they skate. With the included video/photo, normally the free skate program with music is chosen unless notified otherwise. Skaters can choose the individual photo at the competition, if no photo is chosen then a photo will be selected for you. Video/Digital image will be sent to each individual's email and downloaded from the RES Video & Media Productions website.

**Note, per U.S. Figure Skating policy, photographing and/or recording of any one other than your own skater is strictly prohibited.**

**AWARDS:** Medals will be awarded for 1<sup>st</sup> through 3<sup>rd</sup> place and ribbons awarded to all others.

**Results:** Results will be posted online only. A link will be available on Entryeze, [www.strongsvilleskatingclub.com](http://www.strongsvilleskatingclub.com) and emailed to all registered participants.

**OFFICIAL NOTICES:** An official bulletin board will be maintained at the Strongsville SC bulletin board in the café area. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 30 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**TEST CREDIT:** Skaters may request their test credit forms by sending an email to [sscspringfling@gmail.com](mailto:sscspringfling@gmail.com) at least 2 hours prior to the last event of the competition. In the email we will need the skaters name, USFS number, skater/parent email, and coaches name and email. The \$15 fee will be added to Entryeze and must be paid by 11:59pm on April 25. Test Credit forms will then be emailed to you within 3 days after the competition and you will need to submit these forms to your club's test chair to submit to USFS.

**IMPORTANT NOTICE FOR ALL COACHES:**

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating. Each athlete is permitted one coach only and must identify the name of the coach in Entryeze when registering.

**Coach/Choreographer (domestic/non-foreign):**

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.

- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. \*
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. \*
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
  - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
  - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

\* Accessible via U.S. Figure Skating Members Only Website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon  or Account → Member Profile → Compliance

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

**CONTACT INFO:** If you have questions, please contact Nicky Kopenhagen or Tanya Sample at [sscspringfling@gmail.com](mailto:sscspringfling@gmail.com).

**ADDITIONAL INFORMATION:**

Holiday Inn  
15471 Royalton Rd.  
Strongsville, Ohio 44136

We are so excited to have the opportunity to host your stay! Please utilize the below reservation link for the Spring Fling April 22-24, 2021.

[Spring Fling Strongsville Skating Club](#)

**SECTION 2: Events Offered and Entry Fees:**

SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.

*\*\*Review the charts for requirements and levels, if not offering all levels, include that information below, for example: "Spins Challenge (Beginner – Preliminary)". Chart below was updated on Nov. 30, 2020 (see: [Showcase New Event Implementation](#)).*

<b>U.S. FIGURE SKATING EVENTS</b>				
<b>SINGLES</b>	<b>IJS/6.0</b>	<b>1<sup>st</sup> EVENT</b>	<b>2<sup>nd</sup> EVENT</b>	<b>3<sup>rd</sup> + EVENT</b>
<a href="#">Excel Free Skate</a> - Excel Beginner – Excel Pre-Preliminary	6.0	\$100	\$35	\$35
<a href="#">Excel Free Skate</a> – Excel Preliminary – Senior & Plus events	IJS	\$135	\$85	\$35
<a href="#">Well Balanced Short Program</a>	IJS	\$135	\$85	\$35
<a href="#">Well Balanced Free Skate</a> – No Test – Pre-Preliminary	6.0	\$100	\$35	\$35
<a href="#">Well Balanced Free Skate</a> – Preliminary - Senior	IJS	\$135	\$85	\$35
<a href="#">Adult Free Skate</a> - Adult Pre-Bronze – Silver	6.0	\$100	\$35	\$35
<a href="#">Adult Free Skate</a> - Adult Gold – Master Jr/Sr	IJS	\$135	\$85	\$35
<a href="#">Adult Beginner &amp; High Beginner Free Skate</a>	6.0	\$100	\$35	\$35
<b>SPECIALTY</b>	<b>JUDGING</b>	<b>1<sup>st</sup> EVENT</b>	<b>2<sup>nd</sup> EVENT</b>	<b>3<sup>rd</sup> + EVENT</b>
<a href="#">Compulsory Moves</a> - No Test–Pre-Juvenile	6.0	\$100	\$35	\$35
<a href="#">Excel Compulsory Moves</a> - Excel Beg.–Excel Prelim.	6.0	\$100	\$35	\$35
<a href="#">Adult Compulsory Moves</a> - Adult Beginner–Masters Jr/Sr	6.0	\$100	\$35	\$35
<a href="#">Jumps Challenge</a> - Beginner–Senior	6.0	\$100	\$35	\$35
<a href="#">Spins Challenge</a> - Beginner–Senior	6.0	\$100	\$35	\$35
<b>SHOWCASE – NEW EVENT IMPLEMENTATION**</b>	<b>JUDGING</b>	<b>1<sup>st</sup> EVENT</b>	<b>2<sup>nd</sup> EVENT</b>	<b>3<sup>rd</sup> + EVENT</b>
<a href="#">Individual Entertainment - No Test – Senior, Adult</a>	6.0	\$100	\$35	\$35
<a href="#">Duets - No Test – Senior, Adult</a>	6.0	\$100	\$35	\$35
<a href="#">Interpretive</a>	6.0	\$100	\$35	\$35
<a href="#">Mini Production Ensemble</a>	6.0	\$70 +\$10 per skater		
<a href="#">Production Ensemble</a>	6.0	\$70 +\$10 per skater		
<b>COMPETE USA EVENTS</b>				
<a href="#">Snowplow Sam-Basic 6 Program w/ Music</a>	6.0	\$65	\$35	\$35
<a href="#">Pre-Free Skate – Free Skate 1-6 Program w/ Music</a>	6.0	\$65	\$35	\$35
<a href="#">Adult 1-6 Program w/ Music</a>	6.0	\$65	\$35	\$35
<a href="#">Snowplow Sam – Basic 6 Elements</a>	6.0	\$65	\$35	\$35
<a href="#">Pre-Free Skate – Free Skate 1-6 Compulsory Moves</a>	6.0	\$65	\$35	\$35
<a href="#">Adult 1-6 Compulsory Moves</a>	6.0	\$65	\$35	\$35
<a href="#">Compete USA – Showcase</a>	6.0	\$65	\$35	\$35
<a href="#">Compete USA Manual</a>				