

Strongsville Skating Club Ice Rules and Regulations 2020-2021 Season

All skaters – Please review the ice rules prior to the start of the season.

Parents and coaches – Please help the club by reviewing these rules with your skater(s).

Skaters **Basic 5 and higher** are invited to participate on any session with no restrictions.

Skaters **LTS Basic 4 and below**: May skate on selected sessions but must be in coaching lesson for 30 minutes of the session.

1. Club Ice sessions are pre-paid and scheduled online.
2. If you do not have a booking you will not be permitted into the building. No walk-ons will be permitted at this time
3. All skaters are required to check in at the front desk and confirm their reservations before entering the ice. Everyone must check in for all sessions.
4. No skater will be permitted past the front desk unless you have a confirmed reservation for Club ice time.
5. All skaters are required to exit the ice each hour.
6. If you are not registered for a session and enter the ice, you will be charged \$40 for the first occurrence and may lose ice privileges for further infractions.
7. Please refer to OBMARENA.com for the building's current health requirements.

The following rules are intended to keep ice sessions flowing so that: a) a skater can skate through his/her entire program without interruption; b) a skater will not have to circle numerous times trying to find a spot to jump and will be able to skate consistent patterns leading to jump consistency; c) a skater's frustration level will be kept to a minimum, thereby allowing the skater to remain focused on his/her goals; d) skaters will not collide with one another; and e) skaters will practice together in harmony. Actions that detract from these goals will be addressed by the monitor.

The Strongsville Skating Club has established the following ice rules and regulations for the purpose of providing a safe and pleasant environment for skating and learning. The monitor is in-charge of club sessions, with full authority to manage these rules.

1. To maintain a pleasant environment for all, skaters, coaches and spectators associated with our ice participants must act and speak in a respectful and courteous manner at all times.
2. All skaters and coaches are required to be in good standing with their club and the USFSA.
3. All club sessions will be limited to 20 skaters.
4. Group lessons (a group lesson is defined as two or more skaters being instructed simultaneously) **are** permitted as long as it does not pose a safety hazard or consistently prevent other skaters from fully participating. Skaters in a group lesson

must adhere all ice rules including the prohibition on monopolizing sections of ice and right of way.

5. Skaters must be dressed in appropriate attire for all club sessions. This includes skating dresses, skirts, spandex shorts or fitted pants for females and appropriate skating pants for males. No baggy attire (i.e. hoodies) or street clothes are permitted. Hair that is shoulder length or longer must be securely tied back and fastened – ABSOLUTELY NO BOBBY PINS. Skaters may be denied access to the ice for inappropriate attire.
6. No items are to be placed on the boards except teaching tools of the coaches currently on the ice. All items shall be stored on the shelf behind the boards or on the bench in the hockey box while not in use. All personal items that are trash must be disposed of in a trash can.
7. Neither skaters nor coaches shall monopolize certain areas of the ice, especially the center of the ice and Lutz corners.
8. Right-of-way on club sessions is as follows:
 - a. Skater wearing an orange or green belt and skating to dance, program or designated moves in the field pattern music
 - b. Skater in a lesson on the harness
 - c. Skater in lesson with a coach
 - d. Skater setting up a jump
 - e. All other skaters
9. Board member approval is required to call off or delay an ice cut.
10. Skaters, coaches and ice monitors shall comply with Ohio's Right to Play Law at all times.
 - All skaters or coaches, regardless of age, who suffer from an actual or suspected head injury must immediately exit the ice and will not be permitted to return to the ice without permission from the ice monitor on duty and, if necessary, proper medical clearance. More information on Ohio's Right to Play Law can be found here: <http://www.healthyohioprogram.org/concussion.aspx>
11. As a matter of safety and state law, no skater or coach is to remain on the ice when the Zamboni starts to enter the ice.
12. Only US Figure Skating (Category A or B) approved coaches are permitted to stand in hockey boxes or any open doorway surrounding the ice surface. Parents and guests are not permitted to stand in hockey boxes or any open doorway.

PLAYING OF MUSIC

1. **Skaters and Coaches** are responsible for playing their own music on all sessions.
2. Program music must be cut to the appropriate length for the skater's program. Total length should not exceed 4 min 40 sec.
3. Program music is generally played on a first-come, first-serve basis. However, Coaches in a lesson may play (bump) a skater's music to be played during a lesson. A skater can only be bumped by a coach **only once**. Coaches, please check to make sure the skater you are bumping has not already been bumped.

4. If there are multiple requests from coaches as well as skaters not in a lesson, the order of music will be coach, non-coach, coach, non-coach... etc.

Priority rules for playing music:

1. First music in line, followed by second, third, etc;
2. Skater's whose music has already been bumped.
3. Skater in a lesson; music can be played only once in a 15-minute lesson (when there are others in line).
4. Skaters music can be played twice(2x) per 60m session (when others are in line).
5. **No more than 1 piece of music in line per skater/team**
6. No stopping or restarting of music. Please be courteous to your fellow skaters and coaches.

The board can institute any or all of the following actions for mis behavior on the ice:

- Immediate removal from the ice for the remainder of the day.
- Written warning
 - Members who receive a written warning will receive a form from the board which must be signed by both the skater's parent (if the skater is under 18) and the skater's primary coach (regardless of the skater's age) and turned into the club office before being permitted to return to club ice.
 - Three written warnings throughout the course of a season will result in the filing of a formal grievance.
- Filing of a formal grievance with the club, and a hearing before the grievance committee
 - The board will then determine appropriate actions. When a formal grievance is filed, the member will be notified.

19. **Guest Coaches** - Visiting coaches/choreographers, judges or technical specialist critiques, or other individuals being brought in to assist skaters in their training must be approved by an executive board member in writing at least 24 hours in advance. This approval will be provided to the monitor to add to the book for the appropriate session. Requests can be made to strongsvilleskating@gmail.com.

Purchasing an ice session indicates agreement to comply with these rules.